



Order Form

Please complete your order below and either fax to (08) 8271 2212, mail to: PO Box 1082, Unley, SA 5061. A Tax invoice will be issued to you for your order. We regret that we do not offer credit card facilities. Payment can be made by EFT to Westpac BSB 035-213 Account 15-1267 or by cheque made payable to *Pinnacle Workplace Consultants Pty Ltd*. Thank you for your order – we appreciate your business.

Your Details:

Company Name: _____
 Contact Details: _____
 Delivery Address: _____

Please advise the quantity of posters that you would like below:

	A3	A4		A3	A4		A3	A4	
Stretches									
Back Exercise	<input type="checkbox"/>	<input type="checkbox"/>	Neck Stretch	<input type="checkbox"/>	<input type="checkbox"/>	Pigeon (Neck)	<input type="checkbox"/>	<input type="checkbox"/>	
Hamstrings	<input type="checkbox"/>	<input type="checkbox"/>	Quadriceps	<input type="checkbox"/>	<input type="checkbox"/>	Calf	<input type="checkbox"/>	<input type="checkbox"/>	
Forearm Extensors	<input type="checkbox"/>	<input type="checkbox"/>	Forearm Flexors	<input type="checkbox"/>	<input type="checkbox"/>	General Stretches (x 5 Key Stretches)	<input type="checkbox"/>	<input type="checkbox"/>	
Ergonomics									
Workstation Set-up	<input type="checkbox"/>	<input type="checkbox"/>	Note: A strip poster is available for 'Workstation Stretches'				<input type="checkbox"/>		
Manual Handling									
Semi-Squat	<input type="checkbox"/>	<input type="checkbox"/>	Bracing	<input type="checkbox"/>	<input type="checkbox"/>	Counterbalance	<input type="checkbox"/>	<input type="checkbox"/>	
Forward Lunge	<input type="checkbox"/>	<input type="checkbox"/>	Pivot	<input type="checkbox"/>	<input type="checkbox"/>	Oblique Lunge	<input type="checkbox"/>	<input type="checkbox"/>	
Side Lunge	<input type="checkbox"/>	<input type="checkbox"/>	Knights	<input type="checkbox"/>	<input type="checkbox"/>	General Postures (x 5 Key Postures)	<input type="checkbox"/>	<input type="checkbox"/>	

Order Summary:

Item	Unit Cost (inc. GST)	Total Number required	Total Cost (inc. GST)
Strip Posters <i>(Workstation stretches)</i>	\$ 3.30		\$
A4 Posters	\$15.00		\$
A3 Posters	\$20.00		\$
A3 Posters - General	\$25.00		\$
Exercise Booklets	\$ 6.00		\$
Postage & Handling	\$TBA		\$TBA
Total Order Cost:			\$

Postage and handling charges will be advised upon receipt of your order.